

BE SAFE & ENJOY TIBOOBURRA!

- Keep cool & drink water!
- Tell someone where you are going
- Wear a hat, sensible shoes & sunscreen when outdoors
- Embrace the isolation
- Enjoy the company of others
- You are responsible for your own health & well being

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The TIBOOBURRA Health Service



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Tibooburra Health Service

General Info: The Tibooburra Health Service provides a 24/7 emergency stabilisation, evacuation service and primary health care. The Royal Flying Doctor Service (RFDS) provides 24/7 emergency assistance for medical emergencies and a GP clinic one day a week where allied health workers also offer their services on a rotating roster.

Climate: Tibooburra is a desert area which provides the community with huge differences in temperature. Very cold nights and scorching temperatures up to 46 + degrees centigrade during the day.

<u>Perils:</u> New workers to the area and visitors must be aware of this harsh remote environment. A few simple steps will keep everyone safe.

Wild Animals: Kangaroos, emus, venomous snakes and lizards are a few of the wildlife that roam about the town. Please be mindful that these are wild animals and this is their home as well—do not go near them as they may bite or worse! Cattle, goats, camels and horses also roam freely, so be wary when driving the outback roads.

Everyone is responsible for their own safety, health and wellbeing

Graduate Registered Nurses Welcome to Tibooburra!

Accommodation: free for Graduate RNs, comprised of a unit with 2 bedrooms, a shared toilet, kitchen, lounge and the laundry facilities are in the clinic area. This unit is shared with the relieving Health Service Manager when I go on leave. Adjoining your unit is where I live with my husband. There is linen, cooking and eating equipment, fridge - freezer & TV. There is an awesome heating /cooling system.

<u>Shopping:</u> very limited. Food is available from the road house / supermarket and the country store. At the roadhouse on Friday is fresh fruit / veg / meat / bread after Saturday most of this is frozen.

Mail Deliveries: are Tuesdays & Thursdays. Mail going out leaves on Tuesdays

<u>Restaurants:</u> there are two pubs, a general store and a roadhouse that provide meals.

<u>Telecommunications:</u> A lap top with Wi Fi is here for Grad RNs - Telstra is the only carrier. There is good mobile phone coverage in town but no Wi Fi at the clinic.

Public Transport: There is no public transport to anywhere, the road between here and Broken Hill (about 4 hours drive) is sealed for about 80% of the way. If you are driving your own vehicle only do so if it is suitable for the unsealed rough roads you will travel on. Good tyres for sandy & rocky conditions (have 2 spares if you can fit them in your vehicle) are a necessity.

Water supply: The water supply is potable.

<u>ATMs:</u> are located at most businesses including the Post Office.

TIBOOBURRA COMMUNITY

Tibooburra is a small community situated 335 kilometres north of Broken Hill. The area was settled in the late 1880's as a gold mining town.

It has now developed into a service centre supporting the Local Graziers, Maritime and Roads Service, National Parks infrastructure, Moomba gas pipeline workers, Back Packers, & Tourists especially the Grey Nomads.

The Broken Hill to Tibooburra road is about 80% sealed and midway provides an emergency landing strip for the RFDS.

There are many local groups including the CWA, Fire Brigade, SES, Sports Club Committee and local Primary School P&C.

A village committee & progress association oversee the water supply, public facilities and other important services to the town.



Two of the essentials for living and working at Tibooburra Health Service